

Name Jessi ca Activity time

ROOTS Children's Sheet 5-11 July 2020

Matthew 11.16-19, 25-30
Jesus reassures us that no matter how busy life is, if we ask him, he will share our burdens and give us rest.

Draw Can you balance? Draw yourself and a friend on either end of the see-saw.

Write Unscramble the words relating to things that Jesus offers us. Write the correct words on the backpacks.

stre cepca
cest Beac
seneshgn
Bealshact
ysac koge gthi diao
Rag Light
yoke Load

Puzzle Look at these two pictures of a donkey carrying a heavy load. Can you spot five differences between the two pictures?

Family time
Talk How often do we carry on regardless when really we need some help? Why are we often worried about asking for help?
Do Offer to help a neighbour or relative who is struggling with something. They may have difficulty carrying their shopping or weeding their garden.
Pray Father God, when we face situations that we find difficult, help us to remember that you are always there to share our troubles. Amen.

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Jessica

I would help him carry it

How I would help the man

Name Juke Activity time

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Juke

How I would help the man

I would carry 2 stones for him.



How I would help the man

4 DOZ KEY could
RELACOMETHEN
"a donkey could help them"
"put them in a car"
Help him carry them.

"Dear Lord, we are grateful for when you help us share the load, and thankful for all the kind people in the world. Amen"



How I would help the man

get a HORSE to help
"get a horse to help"
Share the load, give a helping hand and carry them with him.
ASK other people to help out.
Get a wheelbarrow

Rebecca